

HISTORY OF CORONADO CROSS COUNTRY

Cross Country has been a San Diego CIF sport since 1960. CHS's first year of CC was 1964. From 1960- 1976 there were only two divisions for Boys Cross Country, Large and Small schools. Girls Cross Country did not become a sport until the Fall of 1977. In those first 13 seasons, CHS had one 2nd place finish in 1969 under coach Sunday Durland (CHS CC and Track coach 1945 - 1976), losing a close race (68 - 80) against Sweetwater HS. 1976 - Boys CC moved up from 2 miles to the now standard 5000 meters (3.1 miles).

When 1977 rolled around, Boys CC expanded to 3 divisions and Girls CC came into existence. The distance for Boys has remained at 5000 meters. The Girls distance was between 2.4 and 2.75 miles until 1998 when the 2.75 mile course was accepted for the San Diego CIF championships. When the Girls go to the State meet, they move up to 5000 meters. Since Girls CC began, Coronado HS dominated at the CIF level to around 2017. Before 1989, both teams were in the tough Division III section. This led to many 2nd place finishes for the Girls despite having incredibly deep teams. Then in 1996, CIF again expanded to 5 divisions. This left Coronado in Div. IV, but with new competition.

Boys - Team CIF

Year	1st	Pts	2nd
1969	Sweetwater	68	Coronado
1991	Coronado	37	Christian
1992	Coronado	56	Calvin Christian
1993	Coronado	38	Calvin Christian
1994	Coronado	31	Calvin Christian
1995	Clairemont	42	Coronado
2001	LJCD	44	Coronado
2007	LJCD	62	Coronado

Boys Individual CIF

Boys SDCIF Cross Country has been around since 1960. In that time there have been only 5 individual winners from Coronado of which Jake Ruzevick is the only CHS athlete to be a two-time champion:

Year	Runner	Time
1977	Rick Satterlee	16:17.8
1993	Trevor Clarke	16:43.5
2002	Jake Ruzevick	16:58
2004	Jake Ruzevick	16:43
2007	Ben Enowitz	16:46
2014	Erik Armes	16:59.3

<u>Girls - Team CIF</u>		
Year	1st	Pts
1978	Fallbrook	51
1979	Fallbrook	54
1980	University	33
1981	Coronado	53
1983	El Camino	66
1986	El Camino	47
1987*	San Pasqua'	40
1989	Coronado	42
1990	Coronado	20
1991	Coronado	21
1992	Coronado	23
1993	Bishops	31
1994	Bishops	19
1995	Bishops	35
1996	USDHS	27
1997	Coronado	15
1998**	Valley Center	34
2000	Coronado	42
2003	LJCD	31
2008	Coronado	28
2009	Coronado	18
2010	Del Norte	42
2011	Coronado	42
2012	Clairemont	39
2013	Coronado	40
2014	Coronado	32
2015	Coronado	56
2016	Coronado	26
2017	Sage Creek	28

Girls Individual CIF

Since the first year in 1977, there have been 9 individual Coronado winners* of which Renee Phillips is the only CHS athlete to be a two-time champion:

Year	Runner	Time	*Distance
1981	Kim Sterton	13:49.9	~2.45 Miles
1983	Katherine Riddle	12:21.0	~2.45 Miles
1989	Viviana Reza	16:19.0	~2.45 Miles
1991	Angie Hansen	17:17.3	~2.45 Miles
1993	Jessica Lunt	16:46.6	~2.45 Miles
2008	Sallie Privett	17:38.0	2.75 Miles
2009	Annie Lovering	17:30.0	2.75 Miles
2011	Nicole Davies	16:47.0	2.75 Miles
2015	Renee Phillips	17:02.3	2.75 Miles
2016	Renee Phillips	16:28.0	2.75 Miles

*Note: One of the greatest CHS CC runners - Shamen Dugger never won an individual title. Her senior year 1987/88 she came in 2nd (14:49) at Morley behind the **National** CC Champion Kira Jorgenson from Rancho Buena Vista. Unfortunately, that was the only year RBV HS ran in our division.

**Note: The Morley Field course has been the CIF course for both the Boys and Girls since 1987. In 1998 the Girls course was extended from approx. 2.45 miles to 2.75.

STATE MEET

The first year the State Meet was run was in 1987, and has always been held at Woodward Park in Fresno, on the same 5000 meter course. Only four athletes have managed to make the All-State team by finishing in the top 10.

There were 3* divisions in '87, '88, and '89. Then they expanded to the 4** division format from '90 - '95. Now there are 5 divisions, with Coronado in Div. IV. ***In 1988, the Calvin Christian girls' team had only 4 finishers, and thus no team score.

Year	Runner	Place	Time
1987	Shamen Dugger	3rd	18:29
1989	Viviana Reza	5th	19:31
1995	Jessica Lunt	7th	19:28
2007	Ben Enowitz	8th	16:11

Islander State Meet Runners 1987 - 2025

Boys Girls

1987

72. Ben Frazier	17:43	1. McFarland	3 Shamen Dugger	18:29	1. Maranatha
		2. Rbt. Louis Stev.	11 Viviana Reza	19:39	2. SF University
		10. Army/Navy	30 Sara Johnson	20:44	3. Coronado
		11. Bishop's	59 Pilar Reza	21:26	17. Bishops
			65 Paige Gushaw	21:36	
			101 Allison Arvin	23:03	
			109 Mandie Garrick	23:39	

1988

31. Ben Frazier	17:16	1. Sherman Indian	15 Viviana Reza	20:11	1. Bret Harte
63 Jon Gatz	18:01	2. Maranatha (Pas)	34 Regina Reza	20:59	2. Maranatha (Pas)
75 Gonzalo Garcia	18:17	8 Calvin Christian	49 Sara Johnson	21:45	10. Coronado
90 Chris Hutton	18:41	10. Coronado	104 Allison Arvin	24:10	
95 Don McLaurin	18:51		105 Vanessa Johnson	24:16	
106 Chris Frencke	19:17		112 Mandie Garrick	25:06	
125 Mike Whittemore	20:24		117 Jennifer Coaway	25:31	

1989

43 Jon Ganz	17:26	1. Laguna Beach	5 Viviana Reza	19:31	1. Bret Harte
91 Nick Stevens	18:19	2. McFarland	55 Kara Raggett	21:53	2. Maranatha (Pasadena)
		5. Calvin Chr.	57 Regina Reza	21:54	11. Coronado
		11. Christian	108 Jennifer Seluidge	23:32	16. Calvin Chr.
			121 Laura Taylor	24:32	
			125 Jennifer Mills	24:59	
			129 Amy Mitchell	25:36	

**In 1990 CIF switched from 3 divisions to 4 divisions.
Results above were for D-3, below are D-4**

1990

107 Nick Stephens	18:06	1. Fillmore	32 Angie Hansen	20:55	1. Nordhoff
134 Geoff Hill	19:32	2. Maranatha (Pasa)	79 Jenna Roundtree	21:59	2. Morro Bay
		9. Christian	84 Amy Roberson	22:06	13. Coronado
		16. Army/Navy	95 Regina Reza	22:32	16. Calvin Chr.
			105 Joann Garcia	22:51	
			107 Kara Raggett	22:51	
			133 Laura Taylor	24:09	

1991

63 Nick Stephens	17:25	1. Nordhoff	15 Angie Hansen	20:02	1. Nordhoff
84 Matt Doyle	17:57	2. Bell-Jeff	87 Regina Reza	21:53	2. Fillmore
99 Geoff Hill	18:10	13. Coronado	88 Kara Raggett	21:54	12. Coronado
101 Andy Aguilar	18:16	15. Calvin Chr.	118 S Sessions-Fabbri	23:02	16 Calvin Chr.
104 Mike Aguilar	18:22		127 Kalleye Maher	23:36	
113 Jason Edholm	18:39		140 Jacinta Hawkins	24:58	
127 Gabe Perez	19:14		143 Dana Neurauer	25:59	

1992

81 Nick Stephens	17:42	1. McFarland	40 Angie Hansen	20:32	1. Susanville Lassen
94 Matt Doyle	17:55	2. Nordhoff	92 Jessica Lunt	22:01	2. Nordhoff
113 Neal Barham	18:34	15. Coronado	112 Summer Hesse	22:52	15. Coronado
117 Bryan Parks	18:44	16. Calvin Chr.	117 Helen Lannunziata	23:05	16. Bishops
121 Pattrick Bingham	18:53		144 Amber Vegas	27:04	
128 Josh Adams	19:06				
136 Mark Coziahr	19:41				

1993

20 Trevor Clarke	16:33	1. McFarland	16 Jessica Lunt	20:04	1. Susanville Lassen
36 Mike Aguilar	16:54	2. Morro Bay	57 Angie Hansen	20:59	2. Temescal Canyon
79 Ucre Mattson	17:39	12. Coronado	111 Jasmine Watts	22:29	13. Coronado
83 Cheyne Jones	17:44	16. Calvin Chr.	135 Kirstin Neil	24:07	15. Bishops
127 Joe Doyle	19:03		137 Beth Cole	24:35	

1994

11 Trevor Clarke	16:23	1. Mc Farland	11 Jessica Lunt	19:54	1. Central Valley
30 Mike Aguilar	17:00	2. Morrow Bay	116 Kirstin Neil	22:57	2. Miramonte
56 Jason Talbott	17:30	5. Coronado	130 Jasmine Watts	23:27	8. Bishop's
70 Patrick Loerch	17:42	16. Calvin Christian	142 Toni Barraza	24:31	16. Corondo
73 Cheyne Jones	17:46		146 Brigid Ryan	25:44	
108 Terry Loerch	18:27		147 Nicole Caruer	26:01	
111 Ryan Boney	18:30				

1995

24 Trevor Clarke	16:57	1. Mc Farland	7 Jessica Lunt	19:28	1. Louisville
37 Jason Talbott	17:17	2. Morrow Bay	32 Barbra Chakos	20:36	2. S.F. University
45 Cheyne Jones	17:27	11. Coronado	120 Christine Hansen	23:10	11. Bishop's
117 Drew Koorey	18:43	12. Clairemont	130 Kristen Neil	23:59	13. Coronado
120 Ryan Boney	18:47		135 Toni Barraza	24:17	
125 Eric Bauer	18:52		136 Brigid Ryan	24:24	
129 Bryan Hoffman	19:01		139 Beth Jay	24:38	

Starting in 1996 CIF added Division V. The results below are Still for D-4.

1996

35 Cheyne Jones	16:41	1. Corona del Mar	81. Barbara Chakos	21:18	1. Nordhoff
		2. Granada	100 Kiley Dunlap	21:49	2. La Canada
		9. St. Augustine	102 Christine Hansen	21:50	

1997

No boy runners in 1997		1. Nordhoff	45 Barbara Chakos	20:36	1. Costa Mesa
		2. Estancia	71 Samantha Piper	21:41	2. Campolindo
		11. St. Augustine	108 Kelly Charboneau	23:05	13. Coronado
			114 Kathleen Taylor	23:17	
			123 Sara Morton	23:54	
			128 Kiley Dunlap	24:26	
			132 Amanda Thaete	25:46	

1998

1998 -- 115 Jesse Adam	18:37	1. Nordhoff	47 Barbara Chakos	20:30	1. Nordhoff
		2. Central Valley	71 Samatha Piper	21:05	2. Corona del Mar
		9. St. Augustine			6. Valley Center

1999 - Coronado had no advancers to state this year.

No boy runners in 1999		1. McFarland	No girl runners in 1999	1. Corona del Mar
		2. Nordhoff		2. Nordhoff
		3. St. Augustine		6. Valley Center

2000

No boy runners in 2000		1. McFarland	120. Rhett Chase	22:03	1. Corona del Mar
		2. Oak Park	133 Beth Wittry	22:26	2. Maranatha
		6. St. Augustine	141 Emily Trepasso	22:53	18. Coronado
			148 Katherine Wingert	23:26	
			149 Lisa Robbins	23:48	
			151 Ivy Whitford	24:23	
			154 Lauren Hale	28:42	

2001

66 Jake Ruzevick	17:37	1. McFarland	No girl runners in 2001	1. Oak Park
111 David Fink	18:24	2. Oak Park		2. Orange Lutheran
117 Ryan Schneider	18:40	14. LJCD		13. LJCD
124 Dmitri Virnig	18:51	16. Coronado		16. Mt. Empire
132 Ryan Haig	19:07			

2002

50 Jake Ruzevick	17:00	1. Oak Park	64 Beth Wittry	20:42	1. Oak Park
103 Ryan Haig	17:38	2. Fillmore			2. Havard-Westlake
143 David Fink	18:12	14. LJCD			8. LJCD
161 Jack Harms	18:40	22. Bishop's			15. Mt. Empire

2003

2003 -- 64 Jake Ruzevick	17:16	1. Carmel	44 Caitlin Alley	20:05	1. Oak Park
		2. Oak Park	47 Beth Wittry	20:10	2. San Lorenzo Valley
		20. LJCD	58 Katherine Wingert	20:20	9. LJCD
		21. Otay Ranch	166 Caitlin Bigham	23:16	17. Coronado

172 Karolin Iversson	23:46
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2004

139 Ben Enowitz	18:21	1. Laguna Beach	No girl runners in 2004	1. San Lorenzo Valley
		2. Carmel		2. Bishop O'Dowd
		21. LJCD		14. LJCD
		22. Bishop's		22. Bishop's

2005

95 Ben Enowitz	17:31	1. Piedmont	No girl runners in 2005	1. San Lorenzo Valley
		2. Big Bear		2. Lutheran
		17. Bishop's		10. LJCD
		23. Mt. Empire		22. Bishop's

2006

54 Ben Enowitz	16:56	1. Big Bear	99 Adrianna Davies	21:18	1. Marlborough
		2. Laguna Beach			2. Carmel
		20. LJCD			10. Bishop's
		21. Christian			19. LJCD

2007

8 Ben Enowitz	16:11	1. Big Bear	79 Annie Lovering	20:57	1. Oaks Christian	
		84 David Grimes				2. St Mary's College
		17:20				2. St Mary's
		148 Andrew Centeno				17. LJCD
		18:11				9. Bishop's
153 Kevin Siefert	18:21	19. Coronado	15. Francis Parker			
161 Ben Green	18:38		1. La Reina			

2008

87 David Grimes	17:19	1. Big Bear	23. Sallie Privett	19:15	1. La Reina
		2. McFarland	65 Annie Lovering	20:25	2. St. Mary's College
		11. Christian	74 Sadie Gimber	20:29	9. Coronado
		16. LJCD	77 Adie Davies	20:33	13. Bishop's
			97 Nicole Davies	20:54	
			178 Selina Schmeck	23:20	

2009

No boy runners in 2009	1. Laguna Beach	30 Sallie Privett	19:23	1. Harvard-Westlake	
		2. McFarland	31 Sadie Gimber	19:25	2. Junipero Serra
		8. LJCD	34 Annie Lovering	19:27	4. Coronado
		19. Bishop's	43 Adie Davies	19:40	18. Bishop's
			87 Meg Sweeney	20:31	22. LJCD
			99 Nicole Davies	20:46	
			123 Ashley Engleman	21:16	

2010

No boy runners in 2010	1. San Rafael	69 Sadie Gimber	20:14	1. Junipero Serra	
		2. Harvard-	99 Meg Sweeney	20:39	2. La Reina
		15. LJCD	120 Nicole Davies	21:00	8. Del Norte
		17. Del Norte	130 Elise Umansky	21:10	11. Bishop's
			133 Ashley Engelman	21:16	17. Coronado
			160 Sierra Smith	21:57	

2011

74 William Funk	16:59	1. Yreka	12 Nicole Davies	18:40	1. Junipero Serra
		2. Salesian	98 Aeron Yim	20:39	2. San Lorenzo Valley
		8. Bishop's	103 Ashley Engelman	20:48	15. Coronado
		13. LJCD	128 Rachael Steffen	21:19	17. Bishop's
			135 Brooke Pierson	21:31	21. Francis Parker
			151 Elise Umansky	21:53	
			168 Hannah Downey	22:44	

2012

128 Chris Leary	17:49	1. Filmore	49 Aeron Yim	20:01	1. Junipero Serra
		2. Crean Lutheran	61 Rachael Steffen	20:19	2. Arcata
		6. Bishops	90 Hannah Downey	20:55	14. Coronado
			103 Brooke Hendricks	21:14	16. Clairemont
			112 Brooke Pierson	21:21	20. Mission Vista
			137 Elise Umansky	21:48	
			146 Irlanda Goulding	22:00	

2013

23 Erik Armes	16:25	1. Yreka	32. Rachael Steffin	19:28	1. San Lorenzo Valley
		2. Laguna Beach	61 Kayla Bierschbach	20:09	2. Laguna Beach
		6. Valley Center	66 Aeron Yim	20:13	12. Coronado
		21. Bishop's	117 Jasmine Rippey	21:01	13. Francis Parker
			120 Haley Chasin	21:03	20. Valley Center
			137 Hannah Downey	21:23	
			150 Renee Phillips	21:44	

2014

No boy runners in 2014		1. Bishop Amat	48 Renee Phillips	19:52	1. Central Valley Chr
		2. King City	54 Haley Chasin	19:56	2. Bishop Amat
		15. Sage Creek	56 Aeron Yim	19:59	7. Coronado
		21. HTH (SD)	61 Jasmine Rippey	20:09	19. Mission Vista
			70 Chapin Miller-Maes	20:22	
			117 Kayla Bierschbach	21:19	
			153 Hannah Downey	22:05	

2015

No boy runners in 2015		1. Santa Ynez	26. Jasmine Rippey	18:39.6	1. Bishop Amat
		2. Bishop Amat	27 Renee Phillips	18:39.7	2. Santa Cruz
		3. Sage Creek	106 Madden Hundley	20:27	11. Coronado
		4. Valley Center	114 Maya Tamariz	20:36	20. Santana
			129 Kerry Desmond	20:50	
			139 Natalya Gomez	21:05	
			144 Katie Larratt	21:16	

2016

82 Luke Klingenberg	16:53	1. Foothills Tech	15. Renee Phillips	18:38	1. Foothills Tech
		2. Sage Creek	22 Teresa Perez	18:49	2. Bishop Amat
		10. Valley Center	30 Jasmine Rippey	19:03	4. Coronado
		14. HTH (SD)	42 Madden Hundley	19:29	14. Sage Creek
			101 Claire Morris	20:31	
			138 Naya Tamariz	21:15	
			159 Katie Larratt	21:51	

2017

57 Ian Hurlburt	16:51	1. Cathedral	32. Teresa Perez	19:22	1. Foothills Tech
59 Spencer Busby	16:56	2. Archie Williams	59 Madden Hundley	20:02	2. Sage Creek
83 Patrick Harris	17:17	5. Sage Creek	70 Sofia Van Arsdale	20:15	8. Coronado
93 Luke Klingenberg	17:24	7. Crawford	78 Jessica Ehret	20:24	
141 Cole Mullins	18:13	13. Coronado	92 Naya Tamariz	20:33	
162 Cole Nichols	18:30		145 Abigail Hundley	21:47	
179 Casey Harris	19:07		155 Natalya Gomez	22:05	

2018

62 Connor Jaynes	16:48	1. Laguna Beach	18 Teresa Perez	18:52	1. Sage Creek
80 Cole Mullins	16:59	2. Archie Williams	99 Madden Hundley	20:24	2. Foothill Tech
147 Grant Hawthorne	17:51	8. Sage Creek			12. Valley Center
151 Landon Mullins	17:52	18. Crawford			
190 Spencer Busby	18:42	19. Coronado			
199 Casey Harris	19:20				
208 Cole Hutcherson	20:19				

2019

68 Landon Mullins	16:40	1. Foothills Tech	65. Abigail Hundley	19:40	1. Sage Creek
		2. Scotts Valley			2. Menlo
		7. Sage Creek			13. Valley Center
		17. Crawford			19. La Jolla
		18. Saint Augustine			

Because of COVID there was no state championship meet in 2020

2021 - Coronado had no advancers to state this year.

No boy runners in 2021	1. Albany	No girl runners in 2021	1. Junipero Serra
	2. Archie Williams		2. La Canada
	8. Sage Creek		3. Sage Creek
	13. HTH (SD)		20. Clairemont

2022

No boy runners in 2022	1. St Francis (La Can)	No girl runners in 2022	1. Junipero Serra
	2. Cathedral		2. Oaks Christian
	16. La Jolla		8. La Jolla
	18. Classical Academy		13. Clairemont

2023

No boy runners in 2023	1. St Francis (La Can)	118. Morgan Maske	21:08	1. Junipero Serra
	2. Junipero Serra	132 Carly DeVore	21:31	2. Palos Verdes
	14. La Jolla	134 Gwynne Letcher	21:34	3. La Jolla
	16. Del Largo Academ	169 Nadia Roos	23:10	17. Classical Academy
	19. Classical	172 Maesan Everitt	23:31	22. Coronado
		176 Jaya Jost	23:39	

2024

No boy runners in 2024	1. Oaks Christian	92. Morgan Maske	20:14	1. Junipero Serra
	2. Junipero Serra			2. Havard-Westlake
	12. Crawford			4. La Jolla
	14. Classical Academy			16. High Tech High (SD)

2025

No boy runners in 2025	1. Junipero Serra	116. Morgan Maske	20:17	1. Junipero Serra
	2. Sage Creek			2. Archie Williams
	10. Crawford			3. Sage Creek
				5. La Jolla
				11. High Tech High (SD)